

Barth Therapy
Insurance Provider Questionnaire

If you are interested in filing for reimbursement with your insurance provider, use the questions below to guide your conversation. You can find your insurance contact information on the back of your insurance card. This form needs to be completed before your first session.

1. Does my policy include mental health benefits? ☐ Yes ☐ No
 - a. If yes: _____
2. Does my policy cover clinical social workers? ☐ Yes ☐ No
 - a. If yes: _____
3. Does my policy cover out-of-network clinical social workers? ☐ Yes ☐ No
 - a. If yes: _____
4. How much will my policy pay for the following coded sessions:
 - a. 90791 (Diagnostic Evaluation) _____
 - b. 90834 (45-minute session) _____
 - c. 90837 (60-minute session) _____
5. How much psychotherapy is covered per year? _____
6. Is my mental health deductible part of, or separate from, my medical deductible?

7. What is my yearly mental health and/or medical deductible? \$ _____
8. How much of my deductible have I met this year? \$ _____
9. Can I pay my therapist out-of-pocket and submit my session receipts for reimbursement? ☐ Yes ☐ No
 - a. If yes: _____
10. Where should I mail or fax the receipts? _____
11. Once I mail in a receipt, when can I expect to receive a reimbursement check? _____
12. Do you require pre-approval or pre-certification of sessions? ☐ Yes ☐ No
 - a. If yes: _____
13. Who must obtain the pre-approval or pre-certification? ☐ Client ☐ Therapist ☐ Either
14. Can this be done over the phone? ☐ Yes ☐ No
 - a. If not, what is the procedure? _____
15. How many sessions will likely be pre-approved at a time? _____
16. Who should be contacted to authorize the pre-approval? _____
17. Is there anything else I should know? _____